

Lunch Menu **SPRING TERM: WEEK**

Monday

Main meal 1

Chicken Tomato Sauce Served with Penne Pasta

▲ 2,7

Main meal 2

Cheese and Tomato Pizza Served with Potato Wedges

▲ 2,7

Main meal 3

Jacket Potato with Cheese or Baked Beans

▲ 7

Vegetable of the day

Sweetcorn

N/A

Desserts

Raspberry Cake with Custard

▲ 2,4,7,12

Thursday

Main meal 1

Meatballs in Tomato Sauce with Pasta

▲ 2

Main meal 2

Vegetarian Meatballs in Tomato Sauce served with Pasta

▲ 2,12

Main meal 3

Jacket Potato with Cheese or Chicken Sauce

▲ 7

Vegetable of the day

Carrots

N/A

Desserts

Banana Sponge with Custard

▲ 2,4,7,12

Tuesday

Main meal 1

Chilli Con Carne with Rice

▲ N/A

Main meal 2

Vegetarian Burger

▲ 2

Main meal 3

Jacket Potato with Cheese or Bolognese Sauce

▲ 7

Vegetable of the day

Salad

N/A

Desserts

Strawberry Granola Cake with Custard

▲ 2,4,7,12

Friday

Main meal 1

MSC Salmon Fish Cake Served with Baked Chips

▲ 2,5

Main meal 2

Quorn Sausage Served with baked chips

▲ 2,4,7

Main meal 3

Jacket Potato with Cheese or Baked Beans

▲ 7

Vegetable of the day

Baked Beans

N/A

Desserts

Cocoa Cookie

▲ 2,7,12

Wednesday

Main meal 1

Roast Chicken Fillet with Roast Potatoes and Gravy

▲ 2

Main meal 2

Cheese and Potato Pie with Gravy

▲ 2,7,13

Main meal 3

Jacket Potato with Cheese or Sausage Sauce

▲ 7

Vegetable of the day

Mix Vegetables

N/A

Desserts

Chocolate Mousse Or Fruit Yoghurt

▲ 7

Or 7

▲ Allergen Key

1. Celery

2. Gluten

3. Crustaceans

4. Eggs

5. Fish

6. Lupin

7. Milk

8. Molluscs

9. Mustard

10. Peanuts

11. Sesame

12. Soybeans

13. Sulphites

14. Tree nuts

 **GREENSHAW**
LEARNING TRUST



Available Daily

Wholemeal bread, fresh salads, variety of seasonal fresh fruit